

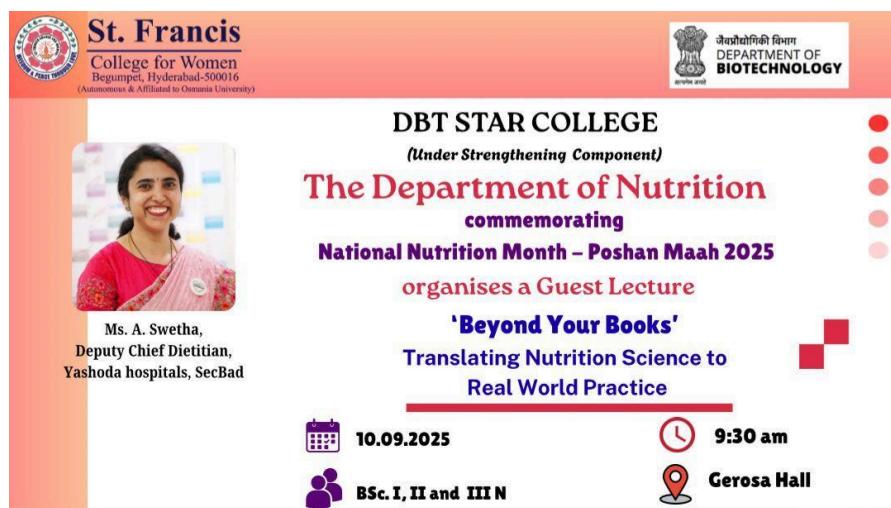
## DEPARTMENT OF NUTRITION

**Report on Guest Lecture on ‘Beyond Your Books’- Translating Nutrition Science to Real Word Practice.**

**Date: 10<sup>th</sup> Sept 2025**

**Time: 09:30Am to 11:30Am**

**Brochure:**



The Department of Nutrition had organized a **Report on Guest Lecture on ‘Beyond Your Books’- Translating Nutrition Science to Real Word Practice** under DBT STAR COLLEGE (Strengthening Component) for the students of B.Sc I, II & III Nutrition. The event was attended by 8 faculty members & 150 students. The resource person for the same was Ms. A. Swetha ma'am, Deputy Chief Dietitian, Yashoda Hospitals, Secunderabad.

### Objectives –

- To bridge the gap between academic learning and practical application.
- Importance of dietitians in the healthcare system and their role in patient recovery.
- Importance of balancing new dietary trends with evidence-based nutrition principles.

### Outcomes of the Event:

- Gained insight into how dietitians contribute to patient recovery, nutritional rehabilitation, and overall hospital care.

- Awareness of Real-World Challenges in Dietetics
- Recognized the value of having a solid base in nutritional science to confidently apply theoretical knowledge in practical settings.
- Learned about current trends like AI and social media in nutrition, and felt encouraged to explore career opportunities while maintaining a balanced and scientific approach.



**Ms. Tabitha (Head) felicitating the speaker**



**The Participants – Faculty and Students with the Guest Speaker**

