

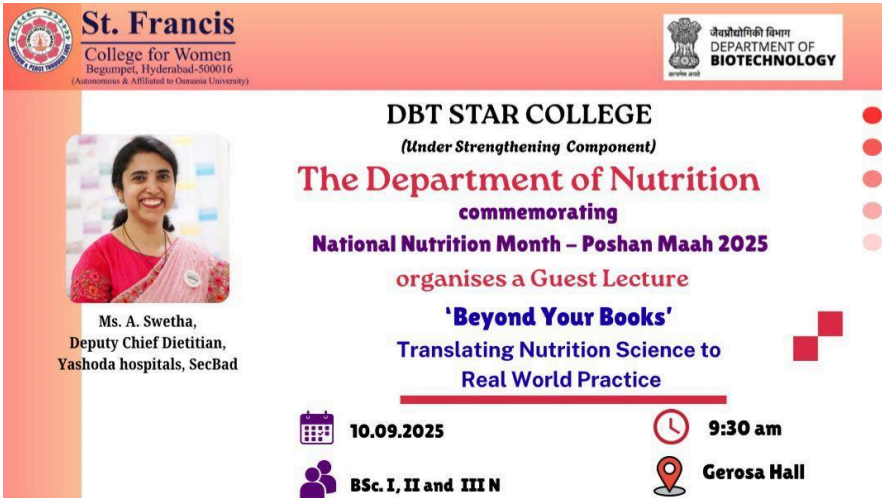
DEPARTMENT OF NUTRITION

Report on Guest Lecture on 'Beyond Your Books' - Translating Nutrition Science to Real Word Practice.

Date: 10th Sept 2025

Time: 09:30Am to 11:30Am

Brochure:



The brochure is a rectangular poster with a white background and orange and red accents. At the top left is the St. Francis College for Women logo. At the top right is the Department of Biotechnology logo. The main text is centered and reads: 'DBT STAR COLLEGE (Under Strengthening Component) The Department of Nutrition commemorating National Nutrition Month – Poshan Maah 2025 organises a Guest Lecture 'Beyond Your Books' Translating Nutrition Science to Real World Practice'. On the left side, there is a photo of Ms. A. Swetha, Deputy Chief Dietitian, Yashoda hospitals, SecBad. At the bottom, there is a calendar icon for 10.09.2025, a clock icon for 9:30 am, and a location pin icon for Gerosa Hall. The audience is listed as BSc. I, II and III N.

The Department of Nutrition had organized a **Report on Guest Lecture on 'Beyond Your Books' - Translating Nutrition Science to Real Word Practice** under DBT STAR COLLEGE (Strengthening Component) for the students of B.Sc I, II & III Nutrition. The event was attended by 8 faculty members & 150 students. The resource person for the same was Ms. A. Swetha ma'am, Deputy Chief Dietitian, Yashoda Hospitals, Secunderabad.

Objectives –

- To bridge the gap between academic learning and practical application.
- Importance of dietitians in the healthcare system and their role in patient recovery.
- Importance of balancing new dietary trends with evidence-based nutrition principles.

Outcomes of the Event:

- Gained insight into how dietitians contribute to patient recovery, nutritional rehabilitation, and overall hospital care.

- Awareness of Real-World Challenges in Dietetics
- Recognized the value of having a solid base in nutritional science to confidently apply theoretical knowledge in practical settings.
- Learned about current trends like AI and social media in nutrition, and felt encouraged to explore career opportunities while maintaining a balanced and scientific approach.



Ms. Tabitha (Head) felicitating the speaker



The Participants – Faculty and Students with the Guest Speaker

