



## ST. FRANCIS COLLEGE FOR WOMEN, HYDERABAD

ACADEMIC YEAR 2025 – 2026

### DEPARTMENT OF BIOCHEMISTRY & NUTRITION

Report on Hands-on training on Laboratory Safety & Quality

Date: 31-01-2026

Time: 9:00 AM to 12:30 PM

Brochure:

**St. Francis**  
College for Women  
Begumpet, Hyderabad-500016  
(Autonomous & Affiliated to Osmania University)

**DBT STAR COLLEGE**  
(Under Strengthening Component)

**DEPARTMENTS OF  
BIOCHEMISTRY & NUTRITION**

organizes

**A Training Program on**

**LABORATORY SAFETY & QUALITY :  
GLP, FOOD HYGIENE & FIRST-AID**

**Resource Person**

**Mr. M. Sreedhar Chouhan**  
Technical Officer -A  
ICMR-National Institute of  
Nutrition

**For Registration  
Scan Here**

**31<sup>st</sup> January, 2026**

**9:00 am to 12:30 pm**

**Gerosa Hall**

**Resource Person**

**Dr. Vandana Agarwal**  
MBBS, MEM, (MRCEM)  
Consultant Emergency Medicine  
KIMS, Sunshine Hospitals, Begumpet

**Attendees : Lab Staff**

The Department of Biochemistry & Nutrition organized a training program on Laboratory Safety & Quality: GLP, Food Hygiene, and First Aid under the DBT STAR COLLEGE (Strengthening Component) for laboratory staff. There were around 25 laboratory staff members from St. Francis college for women and 6 laboratory staff members from other colleges.

The training session were conducted by distinguished resource persons. Mr. M. Sreedhar Chouhan, Technical Officer, ICMR–National Institute of Nutrition, delivered an insightful session on Good Laboratory Practices (GLP) and Food Hygiene, emphasizing safety standards and quality assurance in laboratory and food handling practices. Dr. Vandana Agarwal, MBBS, MEM (MRCEM), Consultant in Emergency Medicine at KIMS Sunshine Hospitals, conducted an engaging First Aid training session, which included a practical CPR demonstration.

The program successfully enhanced the participants' awareness and practical understanding of laboratory safety, quality practices, and emergency response, thereby contributing to a safer and more compliant laboratory environment.

### **Objectives:**

- Create awareness of laboratory safety principles.
- Provide practical knowledge of food hygiene and safety standards.
- Develop hands-on skills in first-aid and emergency response.

### **Outcomes:**

Lab staff will demonstrate knowledge of:

- Identify common laboratory hazards and apply appropriate preventive measures.
- Follow sanitation, personal hygiene, and contamination-control measures in food handling environments.
- Perform basic first-aid and take appropriate action during accidents, spills, burns, or injuries.

### **Pictures:**



Group Pic



Participant receiving certificate



Felicitation of the Resource person by Dr.G.Sony



Participants engaged in the session



Resource person addressing the participants



Participants involved in the session