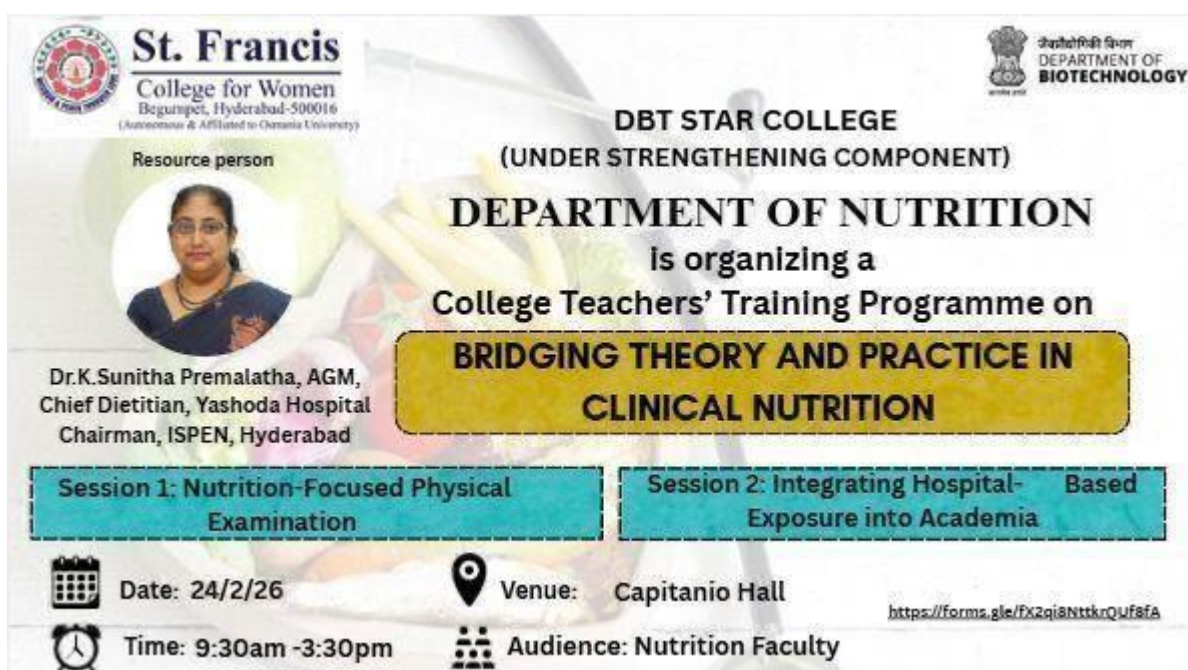


College Teachers' training program on 'Bridging Theory and Practice in Clinical Nutrition'

Date: 24th Feb 2026

Time: 09:30 Am to 03:30 Pm

Brochure:



The brochure is for a training program organized by the Department of Nutrition at DBT STAR College (Under Strengthening Component). The resource person is Dr. K. Sunitha Premalatha, AGM, Chief Dietitian, Yashoda Hospital, Chairman, ISPEN, Hyderabad. The program consists of two sessions: Session 1: Nutrition-Focused Physical Examination and Session 2: Integrating Hospital-Based Exposure into Academia. The date is 24/2/26, the venue is Capitanio Hall, and the audience is the Nutrition Faculty. A registration link is provided at the bottom right.

St. Francis
College for Women
Begumpet, Hyderabad-500016
(Autonomous & Affiliated to Osmania University)

DBT STAR COLLEGE
(UNDER STRENGTHENING COMPONENT)

DEPARTMENT OF NUTRITION
is organizing a
College Teachers' Training Programme on
BRIDGING THEORY AND PRACTICE IN
CLINICAL NUTRITION

Resource person


Dr.K.Sunitha Premalatha, AGM,
Chief Dietitian, Yashoda Hospital
Chairman, ISPEN, Hyderabad

Session 1: Nutrition-Focused Physical Examination

Session 2: Integrating Hospital-Based Exposure into Academia

Date: 24/2/26

Venue: Capitanio Hall

Time: 9:30am -3:30pm

Audience: Nutrition Faculty

<https://forms.gle/Fx2qiaNttkrQUf8fA>

The Department of Nutrition had organized a College Teachers' training program on 'Bridging Theory and Practice in Clinical Nutrition' under DBT STAR COLLEGE (Strengthening Component for the Nutrition faculty). The event was attended by 21 faculty members of 6 colleges. The resource person for the same was Dr. K. Sunitha Premalatha, AGM, Chief Dietitian, Yashoda Hospitals, Chairman of ISPEN, Hyderabad.

Objectives –

- To strengthen faculty competency in integrating theoretical knowledge with practical approaches in clinical nutrition.
- To enhance skills in conducting comprehensive physical assessments and correlating findings with dietary and biochemical data for accurate diagnosis.
- To develop the ability to identify and differentiate various forms of malnutrition in clinical settings.
- To improve clinical decision-making and nutrition care planning through case-based learning, including management of complex conditions such as liver disease.

Outcomes of the Event:

- Improved competency in interpreting clinical indicators and synthesizing assessment data for accurate patient evaluation.
- Enhanced understanding of the diverse presentations of undernutrition in clinical practice.
- Strengthened critical thinking and collaborative decision-making skills through case-based discussions.
- Increased confidence in developing structured, evidence-based nutrition care plans across varied healthcare settings.



Ms. Patricia Michael felicitating the speaker



Faculty involved in the session



Group picture along with the Resource Person

Dr. Tabitha Ramona

DBT Coordinator- Dept of Nutrition