

ST. FRANCIS COLLEGE FOR WOMEN

HYDERABAD

ACADEMIC YEAR-2025-26

Guest Lecture – Report

" Hormonal Harmony: Understanding Women's Endocrine Health and Quality of Life"

The Department of Zoology organized a guest lecture titled “Hormonal Harmony: Understanding Women's Endocrine Health and Quality of Life” for the students of BSc III A and III N. The guest speaker, Dr. K Neelaveni, M.D., D.M, Professor and Head, Department of Endocrinology, Osmania Medical College, Osmania General Hospital, Hyderabad, spoke on the importance of Hormone health, the silent conductors of our body’s symphony, influencing everything from our growth to our moods and to how to keep that symphony in tune for a healthier future.

St. Francis
College for Women
Begumpet, Hyderabad-500016
(Autonomous & Affiliated to Osmania University)

जैवप्रौद्योगिकी विभाग
DEPARTMENT OF
BIOTECHNOLOGY

DBT STAR COLLEGE
(Under Strengthening Component)

Department of Zoology

Organizes a
Guest Lecture on

**Hormonal Harmony : Understanding
Women's Endocrine Health and
Quality of Life**

Dr. K. Neelaveni M.D., D.M
Professor and HOD Endocrinology,
Osmania Medical College,
Osmania General Hospital,
Hyderabad.

For B.Sc. 3 (A&N) Students

4th February, 2026 2:00 pm to 4:00 pm Capitania Hall

Objectives:

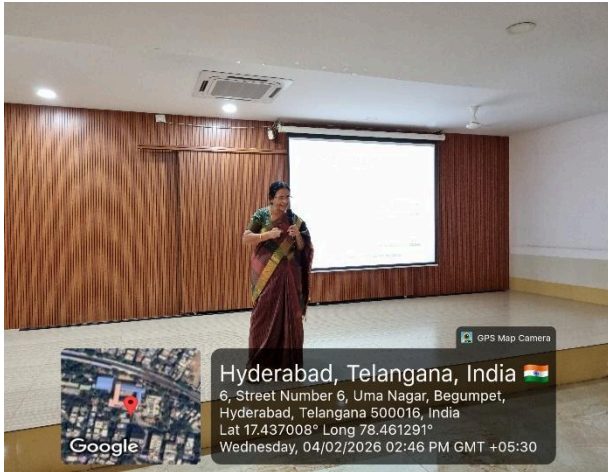
The guest lecture "Hormonal Harmony: Understanding Women's Endocrine Health and Quality of Life" was to educate students about:

- The importance of hormonal balance for women's health
- How hormones regulate various bodily functions
- The impact of hormonal changes during different life stages (puberty, reproductive years, pregnancy, menopause)

- Strategies for maintaining hormonal harmony and managing imbalances
- The connection between hormonal health and overall quality of life

Outcome:

By understanding hormonal harmony, students can gain insights into women's health and well-being, and how to promote balance and harmony in their own lives.





A handwritten signature in black ink on a light gray background, which reads "Dr. Jyothi Rani".

Dr. Jyothi Rani
HoD
Department of Zoology

A handwritten signature in black ink on a light gray background, which reads "Dr. Vidya Jayaram".

Dr. Vidya Jayaram
DBT Coordinator
Department of Zoology